

That's NOT How You Do It! Activities

Photo Frame/Friendship Collage

- Print off the "Photo Frame" activity sheet from the TNHYDI activity page.
- Follow the instructions to make it into a photo frame.
OR
- Instead of cutting out the white area, glue photos and drawings of you and your friends onto it.
 - Decorate it with glitter and stickers.



'Sushi' Sandwich Rolls

- Use a rolling pin to slightly flatten a slice of crustless bread
 - Spread butter over the bread
- On the far left side, place a few thin sticks of carrot, sweet pepper, and cucumber.
(Try lots of different fillings, such as ham and grated cheese!)
- Roll up the slice of bread from the left side to the right until it makes a tight cylinder and looks like a sushi roll.
 - Ask an adult to cut it into sections for you to eat

Painting

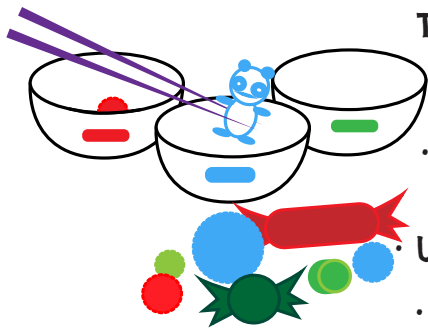
Toshi and Lucy have very different ways of painting but both of them create amazing art! Have a go at drawing some elephants using the following methods:

- Use tea instead of paint.
- Use an old toothbrush instead of a paintbrush
- Use melted dark chocolate instead of paint.
- Use the biggest brush you can find.
- Use your right hand if you are left-handed.
(And use your left hand if you are right-handed!)

Which method is your favourite?



Chopstick Skill Practice

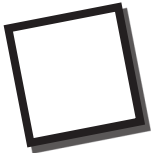


- Toshi knows how to eat using chopsticks, which can be quite tricky to get the hang of at first!
- If you don't already know how to hold chopsticks, ask an adult to help you look up how to use them online.
 - Pile a collection of novelty erasers, sweets or pom-poms in front of you.
 - Place a few bowls within reach.
 - Use the chopsticks to pick up items and sort them into groups based on colour, size or shape.
 - It will get easier the more you practice - once you're really good at it, time yourself and see if you can beat your record!

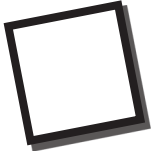
"I Can Do That!" Checklist

On the next page is a checklist for you - if you can do something on the list, put a tick in the box! The last couple have been left blank for you - why not add some things you are good at? Or something that you would like to learn how to do?

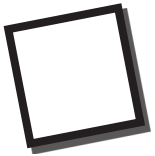
THINGS I KNOW HOW TO DO:



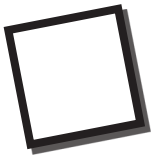
Eat with a spoon, fork or chopsticks



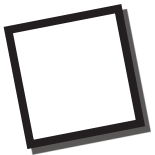
Build a tower



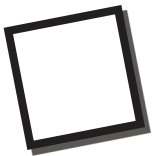
Paint a picture of an elephant



Play an instrument



Do gymnastics



Fold a paper crane or star

